ANNUAL REPORT OF THE MEDICAL OFFICER OF HEALTH MID - SUSSEX AREA

1970



# URBAN DISTRICT OF CUCKFIELD



ANNUAL REPORT OF THE MEDICAL OFFICER OF HEALTH MID - SUSSEX AREA

1970

# URBAN DISTRICT OF CUCKFIELD

By D. M. RICHARDSON M.R.C.S., L.R.C.P., D.P.H., D.I.H.

# **INDEX**

									Page
Ambulance Facilities									13
Animal Boarding Es	tablishm	ents	Act, 1	963					26
Atmospheric Pollution		urem	ent						22
Births and Birth Rat	es								3, 8
Clean Air Acts, 1956	6 and 19	968							22
Clinics and Treatme	nt Centre	es							13, 14
Complaints									18
Deaths and Death R									3, 8-11
Diseases of Animals	(Waste	Food	ds) Oi	der, 19	57				22
			•						26
									23, 24
Food and Drugs Act									20, 21
Food Hygiene (Gen									21
		_							4
Food Premises				• •	• •				20
Hospital Accommod									13, 16
Housing							• •		, 18-19
lce-cream			• •	••	••				21, 22
Immunisation				• •	• •		• •	• •	3
Improvement Grants			· ·	• •	• •			• •	19, 20
Infant Mortality				• •				• •	3, 8, 9
Infectious Disease									4, 14
International Certific	eates of \	 /accir	ation	 anaine	t Sma	llnov an			3
Inspections									17
Laboratory Facilities						• •	• •	• •	13
Liquid Egg (Pasteur					,	••	• •	• •	21
Meals on Wheels Se						• •	• •	• •	7
	•		•	• •	• •	• •	• •	• •	7
Medical Examination			• •			••	• •	• •	21
Milk Sampling		0.40		 Nasiana		:	···	، ، امسما	21
National Assistance							•	end-	7
ment) Act, 195				• •		• •	• •	• •	-
Noise Abatement Ad					• •	• •	• •	• •	18
Notices, Preliminary						• •	• •		18
Offices, Shops and						• •	• •	• •	24, 25
Pet Animals Act, 19	51	• •	• •	• •	• •	• •	• •	• •	26
Population	• •	• •	• •	• •	• •	• •	• •	• •	8
Rateable Value	• •	• •	• •			• •	• •		8
Rats and Mice Dest		· .	٠ <u>.</u> .	. • •			• •		26
Rubella (German M	easles) \	√acci	ne Tri	al		• •			3
Sanitary Circumstan			ea			• •	• •		17
Slaughter of Poultry	Act, 19	67							23
Smallpox									13
Staff			. •						8
Statistics									8 8 5
Swimming Pools									5
Tuberculosis									15
Typhoid Fever									5
Vital Statistics								8	3, 9, 12
Water Supply									5

# REPORT

of

# THE MEDICAL OFFICER OF HEALTH

Tel. No. Haywards Heath 50301

Health Department, Oaklands, Haywards Heath. *August, 1971* 

To the: Chairman and Members of the Cuckfield Urban District Council.

# Ladies and Gentlemen,

I have the honour to submit the Annual Report for the year 1970.

There was a marked fall in the corrected birth rate and although the death rate was also reduced the effect was not reciprocal with the result that the natural increase in population for the year (5) was 20 less than that recorded in 1969.

The percentage of deaths attributable to cancer of the lung and bronchus (2.46%) showed a significant fall for the third year in succession. Six deaths were recorded in infants under one year of age and, of these, two occurred during the first week of life. The still birth rate was 9.01 giving a perinatal mortality rate of 15.02 for the Urban District. The perinatal mortality rate for the Mid-Sussex area as a whole being 16.79.

Expressed as a percentage of total live births the illegitimacy rate was

4.85. The maternal mortality rate was nil.

#### **IMMUNISATION**

Owing to the computerization of immunisation records during the year by the County Health Department, no figures are available for 1970.

#### Influenza—Immunisation of Staff

In November multivalent vaccine was given to ninety-one members of the staff.

Rubella (German Measles) Vaccine Trial

During the year I was informed by Dr. J. A. G. Watson, Principal School Medical Officer, that early in 1970 his Department had co-operated with the Great Ormond Street Hospital for Sick Children in a scheme for Rubella vaccination of 12 to 14 year old girls in the Haywards Heath area. It would appear that all the 94 susceptible girls who were vaccinated had developed a satisfactory antibody response. As a result of this clinical trial the County have decided to make the vaccine freely available to all girls between their 11th and 13th birthdays. At present priority is given to girls in their third year of secondary education.

# INTERNATIONAL CERTIFICATES OF VACCINATION AGAINST SMALLPOX AND CHOLERA

During the year 2,521 certificates were authenticated by the Health Department.

#### INFECTIOUS DISEASE

Forty-four cases of infectious disease were notified during the year and, of the total notifications received, 22 were attributed to measles and 8 to infective jaundice. There were 6 cases of food poisoning, one case of typhoid fever and one case of meningococcal meningitis.

Food Poisoning:

(1) Salmonella stanley

On the 1st September I was informed by a House Physician at the Royal Alexandra Hospital for Sick Children that a child of six, normally resident in the Urban District, was being discharged from the hospital whilst still a convalescent carrier of a Salmonella organism. It would appear that, in view of the father's occupation as a Butcher specimens had already been submitted to the hospital laboratory at the instigation of the medical staff and, at the time of the boy's discharge from hospital, these were all negative.

Further specimens from the father were submitted to the Public Health Laboratory on the child's return home and on the 30th September I was informed that a Salmonella had been isolated. The Chief Public Health Inspector visited the shop immediately and informed the Butcher that his activities must be restricted to the office and that on no account should he work in the shop. Arrangements were made for the screening of three other members of the family together with the shop assistant. All were subsequently proved negative as a result of laboratory examination. In due course, following a series of negative specimens from the Butcher, he was allowed to resume normal duties at the shop. However, whilst the son remained a convalescent carrier regular screening was continued for several months until three consecutive negative specimens had been obtained.

Salmonella typhimurium

On 14th October I was informed by the Director of the Cuckfield Hospital Laboratory that a woman of 59, who had been admitted to hospital on the 9th October, 1970 with gastro-enteritis due to infection with Salmonella typhimurium, had died on the 13th October, 1970 from broncho-pneumonia. On learning that the patient had been employed on the kitchen staff of a local primary school, the school was visited and arrangements made for the screening of all kitchen and dining-hall staff. In due course two successive negative stool specimens were obtained from each of the above but further enquiries in connection with the deceased did not reveal the source of the It is believed that the latter had been in a poor state of health for some years following a somewhat unsuccessful operation for a duodenal ulcer and may have succumbed to an infection which, in the normal healthy person, might have produced little or no symptoms.

Salmonella wien and Salmonella typhimurium

On the 29th September I was informed by a neighbouring M.O.H. that Salmonella wien had been isolated from a patient in Crawley Hospital who is normally resident in the Cuckfield Rural District. It would appear that the patient, who is a young married woman, had been admitted to hospital with a history of vomiting and diarrhoea of two days' duration.

On further enquiry by the Deputy Chief Public Health Inspector (C.R.D.C.) at the patient's home, it was learned that the patient's husband and parentsin-law were involved in the administration and daily routine of a large village bakery with a branch in the Urban District. Immediate family contacts of the case were excluded from food handling pending bacteriological screening of stool specimens and arrangements were also made for the submission of specimens from all employees at the village bakery.

course the Laboratory reported that Salmonella typhimurium had been isolated from the patient's husband and father-in-law. Treatment was arranged by the family doctor and regular bacteriological surveillance of the staff was maintained by the Health Department until three consecutive negative specimens had been obtained from both carriers.

Typhoid Fever

In December a case of typhoid occurred on a medical ward in a local hospital. The patient, a young business man, had almost certainly acquired the infection as a result of consuming a shellfish meal at a waterfront restaurant in the Mediterranean area.

Following the establishment of a firm diagnosis arrangements were made for the screening of all staff who had been in contact with the case but, as the patient had been barrier nursed since admission, it was not considered necessary to place any restriction on new admissions to the ward pending the result of laboratory investigations. The patient was transferred to Foredown Isolation Hospital where, after some weeks, he made a complete recovery.

This episode only serves to emphasize the importance of travellers obtaining protection against typhoid by immunisation before venturing

abroad including visits to Continental Europe.

# PUBLIC SWIMMING POOLS

There is only one public swimming pool in the Urban District. It is privately owned. Mains water is used for filling at the beginning of the season and is changed from time to time during the summer months. The water at the pool is treated by pressure filters, aeration and chlorination.

In addition to the above there are two Private Schools, six County Schools and a private housing estate with open-air swimming pools. There is also an indoor swimming pool at one of the local hospitals. All were supervised throughout the bathing season.

A regular check was also carried out on the level of chlorination at the

two children's paddling pools in the Urban District.

# WATER SUPPLY

(i) The water for the whole of the Urban District is supplied by the Mid-Sussex Water Company and is sampled at regular intervals by the Public Health Department. The water was satisfactory in quality and quantity.

(ii) The Company carried out monthly bacteriological examination

of the treated water. The water was chlorinated after filtration.

(iii) The supply is not liable to plumbo-solvent action.

(iv) There was no evidence of the supply being contaminated.

(v) Every house in the district is provided with a piped supply direct to the house.

#### HOUSING

Mr. C. A. C. Ford, Housing Manager, has kindly furnished the following report on the Council's housing activities for the year.

# **Applications for Accommodation**

The number of housing applications received during 1970 showed a marked decrease on the previous year's demands which were the highest for five years, the total number outstanding at the 31st December, 1970 being 296.

By far the greatest need is for the smaller type of accommodation. that is, one and two bedroomed units as applications are received principally from elderly persons and young couples; in the latter instance from a considerable number of young people contemplating marriage. In meeting the demands of young couples the Council's policy has always been to have regard for family growth so that three bedroomed accommodation is offered where there is at present only one child. By building smaller units of accommodation for the elderly tenants of the Council whose children have now left home, many three bedroomed houses, at present underoccupied, are retrieved again for use by couples with young families.

The "Waiting List" Movement

The waiting list movement during		was	as follo	ows:—
New applications received Applications reinstated	• •		• •	96
Applications reinstated	• •	• •	• •	<u> </u>
Gross Increase				99
Deletions Less—Deletions	• •	• •		79
Lettings Lettings	• •	• •	• •	21 —100
Decrease over 12 months				1

# **Properties under Control**

At the time of preparation of this report close on 1,300 properties were contained in the Council's pool of rented accommodation and this included two new schemes of sheltered accommodation for the elderly, which had become available for letting during the year, the most recent being at May-flower Court, New England Road, Haywards Heath, where 27 bed-sitting and one bedroomed flats, Warden's accommodation, a guest room, laundry and lounge are available at reasonable rents covering the services of central heating and hot water.

With the completion of a further scheme of one bedroomed units for the elderly at Glebe Road. Cuckfield, all three community areas within the Urban District will have sheltered accommodation for the elderly which means that the older residents awaiting rehousing will have a much better opportunity to be placed in the area of their choice so as to retain the advantages

of having close at hand old associations, families and friends.

**Future Building** 

The Council's present intentions are to continue a policy of providing accommodation for the varying types of demand and the next scheme to be developed is 68 houses of 3 and 4 bedroomed type adjacent to the main housing estates in the America Lane area. Other sites are in mind for elderly persons dwellings again in Lindfield and at Cuckfield.

A more generous policy is once again available to the Council to assist with house purchases and the numbers of applicants for housing advances is increasing fast. House ownership is also possible still, on a limited scale each year, to the tenants of rented Council houses who have been in occupation for not less than five years and whose financial circumstances are sufficient to meet the mortgage requirement.

# NATIONAL ASSISTANCE ACT, 1948 NATIONAL ASSISTANCE (AMENDMENT) ACT, 1951 Section 47

This Section provides for the compulsory removal from their homes of elderly, infirm or incapacitated persons, who are not receiving proper care and attention. Such persons are often living on their own under poor and insanitary conditions and although it was not necessary to take formal action under this Section, several cases were investigated during the year.

# W.R.V.S. MEALS ON WHEELS SERVICE— HAYWARDS HEATH AREA

During the period January to December, 1970, a total of 8,254 meals was provided. Since the inception of this service in December, 1961, a total of 41,514 meals has been provided.

### MEDICAL EXAMINATIONS

During the year medical examinations were carried out for the following authorities:—

Cuckfield Rural District	 	 7
Cuckfield Urban District	 	 16
Burgess Hill Urban District	 	 1
East Sussex County Council	 	 98

I would like to express my thanks to Mr. Pennington, Chief Public Health Inspector, for his help and co-operation in the work of the department and for the particulars which he has supplied for this report. I also wish to record my appreciation to other members of the staff for their loyal support during the year, particularly Mrs. Patten, my Secretary.

In conclusion I would like to thank members of the Council, particularly the Chairman and members of the Public Health and Housing Committee, for their support and also the officers and staff in other departments for their belonduring the year.

help during the year.

D. M. RICHARDSON,

Medical Officer of Health.

PUBLIC I	HEALTH STAFF			
Medical Officer of Health	D. M. Richardson D.I.H., F.R.I.P.		S., L.R.C.	P., D.P.H.,
(Also Medical Officer of Health to Cut	ckfield Rural and I	Burgess i		Districts
and Medical Officer (part-tin Honorary Consultant in Epidemiology	and Clinical Assi	stant in	Dermatole	оду—
Mid-Sussex Hospita Chief Public Health Inspector	I Management Cor W. J. Pennington,			l. <b>l</b> .
	Qualified Inspe Qualified Smo			other Foods
Deputy Chief Public Health Inspector	A. R. Honess, M.	A.P.H.I.,	A.R.S.H.	-46-0 5
	Qualified Inspe Qualified Smo	ke Insped	ctor	
Additional Public Health Inspector	R. J. Hossack, N Qualified Inspe			
Secretary to the M.O.H. and Adminis- trative Assistant	Mrs W M Botto	- NA A NA	lad Can	
Clerks to the M.O.H.	Mrs. W. M. Patte Mrs. B. P. Westg		iea.Sec.	
	Miss S. Blanchar Miss L. Fletcher			
Clerk to the C.P.H.I	Mrs. C. A. Smith	(Resigne	ed 15.5.70	))
	Miss B. M. Burn	er (Appoi	inted 11.5	.70)
STATISTICS AND SO	OCIAL CONDITIO	NSOFT	HEAREA	4
Summary of St	atistics for the y		•	4070
Area of District in Acres	<b>1968</b> 3,91 <b>2</b>	<b>196</b> 3,912	_	<b>1970</b> 3,912
Population estimated to middle of year	24,320	24,640		24,940
Rateable Value Sum represented by a Penny Rate	£1,372,331 £	1,449,17 £6,00		02,411 £6,165
Density of Population (persons per acre)	6.22	6.3	0	6.38
Number of Dwellings	8,422	8,600		8,800
Birth Rate (corrected) per 1,000 population Death Rate (corrected) per 1,000 population		16.5 9.8		14.29 8.60
Infant Mortality Rate	8.70	0.0		18.18
	STATISTICS			
Live Births Legitimate		<i>Male</i> 170	Female 144	<i>Total</i> 314
Illegitimate		6	10	16
Total Live Births		176	154	330
Live Birth Rate per 1,000 of the estimat				13.23
Live Birth Rate per 1,000 of the estimate Illegitimate live births per cent of total I		rected) 		. 14.29 . 4.85
Still Births		Male	Female	Total
Legitimate Illegitimate		1 -	2	3 -
				3
Total Still Births				
Still Birth Rate per 1,000 (live and sti	II births)	 Male	 Female	9.01 <i>Total</i>
Total Live and Still Births		177	156	333
Infant Deaths Deaths of Infants under 1 year of age	е	Male	Female	Total
Logitimato		3	3	6

. .

3

3

••

Legitimate Illegitimate

Total ..

. .

..

.. ..

. .

. .

Deaths of Infants under 4 weeks of age         Male         Female         Total           Legitimate	8 1 0
Illegitimate	
Total	
Total	
Neonatal Mortality Rate per 1,000 total live births 6.06	6
Deaths of Infants under 1 week of age Male Female Total	
Legitimate 2 2	
Illegitimate	
Total 2 2	
	_
Early Neonatal Mortality Rate per 1,000 total live births 6.06	6
Perinatal Mortality  Male Female Total	
To the territory	
Perinatal Mortality Rate per 1,000 total live and still births  (a) Cuckfield Urban	2
(b) Mid-Sussex Area 16.79	9
Maternal Mortality  Maternal Deaths (including abortion) Ni	;i
Maternal Deaths (including abortion)	
Deaths Male Female Total	
All Causes 127 198 325	
Death Rate per 1,000 of the population (crude) 13.03	3
Death Rate per 1,000 of the population (corrected) 8.60	

# MAIN CAUSES OF DEATH IN THE CUCKFIELD URBAN DISTRICT

		1969	1970
(i)	Diseases of the heart and circulatory system (Ischaemic disease)	132 (37.50%) 86 (24.43%)	116 (35.69%) 76 (23.38%)
(ii)	Cancer (all sites) (Cancer of Lung and Bronchus)	67 (19.03%) 13 (3.69%)	54 (16.62%) 8 (2.46%)
(iii)	Cerebrovascular disease	53 (15.06%)	44 (13.54%)
(iv)	Respiratory diseases (including tuberculosis and influenza)	43 (12.22%) Nil	54 (16.62%) Nil

# CAUSES OF DEATH IN CUCKFIELD URBAN DISTRICT

Cause of Death	Sex	Total	Under 1 year	1-14	15-44	45-64	65-74	75 and over
Infective and parasitic dis- eases other than syphilis and its sequelae Malignant neoplasm, buccal	F	1	_		_	1	_	-
cavity etc	F	1	_	_	-	-	1	-
Malignant neoplasm, oesophagus	F	1	_	-	_	1	_	-
Malignant neoplasm, stomach	М	6	_	_	_	4	1	1
Malignant neoplasm, intestine	М	6	_	_	_	2	2	2
	F	3	_	_	_	1	1	1
Malignant neoplasm, lung,	M	7	_	_	_	2	4	1
bronchus Malignant neoplasm, breast Malignant neoplasm,	F	6	_	_	_	4	_	2
prostate	M	3	_	_	_	-	1	2
Leukaemia	l F l M	1 8	_	_	_	1 4	2	2
Other malignant neoplasms	F	12		_	_	3	5	4
Diabetes mellitus	F	1	_ '	_	_	1	_	_
Other endocrine etc. diseases	M	2	1	_	-	1	_ 2	1
Anaemias  Mental disorders	F	3 4	_	_	_	_	1 1	3
Meningitis	M	1	_	_	_	_	i i	_ [
Other diseases of nervous								
system	M   F	1 2	_	_	1 –	1 1	1 1	_
Chronic rheumatic heart disease	м	1	_	-	1	_	_	_
Hypertensive disease	F M F	3 3 2		<u>-</u> -	1 _	_	_	3 2 2
Ischaemic heart disease	M	41 35		_	_	11 3	8	22 26
Other forms of heart disease	M	4 19	_	-	_	<u>-</u>	1 2	3 16
Cerebrovascular disease	M	11 33	_		_ _ _	1 4	2 9	8 20
Other diseases of circulatory								
system	M	2	_	_	_	1	<del>-</del>	2 4
Influenza	M	4 2	_	_	1 1	2	1 1	1
Pneumonia	M	8 30				1 3	4	3 23
Bronchitis and emphysema	M	5	_	_	_	2	1 1	2 -
Other diseases of respiratory system	M	2	-	-	-	-	1	1 1
Peptic ulcer	M F	2 2 4		-	-	- 1	1 1 1	1 2
Cirrhosis of liver Other diseases of digestive	F	3	-	-	-	1	-	2
system	F	3	-	-	-	1	-	2
Hyperplasia of prostate Other diseases, genito- urinary system	M	1 2	_	_	_	1	_	1
Diseases of musculo-skeletal							1	
system	F	1	-	_	1 -			-

# CAUSES OF DEATH IN CUCKFIELD URBAN DISTRICT—Continued

Cause of Death	Sex	Total	Under 1 year	1-14	15-44	45-64	65-74	75 and over
Congenital anomalies Other causes of perinatal	М	2	1	1	_		-	-
mortality	F	2	2	_	_	_	_	_
Motor vehicle accidents	М	1	_	_	_	_	_	1
All other accidents	М	5	1	_	_	2	_	2
	F	11	1	-	_	1	1	8
Suicide and self-inflicted								
injuries	M	1	_		_	-	1	-
	F	3	-	-	2	-	1	-
	= 127 = 198	325	6	1	7	63	70	178

TABLE SHOWING VITAL STATISTICS FOR THE YEARS 1956-1970

					-				_							_	
Natural	of Births	Deaths	-75	-95	-59	-21	-31	ī	-19	-74	22	88	23	30	45	25	വ
	Infant	Rate	9.48	13.89	16.39	8.19	12.55	10.79	6.83	13.11	6.10	20.99	30.39	20.51	8.70	0.00	18.18
, s	)	Total	2	က	4	7	က	က	7	4	2	∞	1	∞	က	1	9
Infants' Deaths		ц	2	7	7	_	-	1	7	7	7	7	9	4	ı	1	က
_		Σ	ı	-	7	-	7	က	1	7	1	-	Ω	4	က	1	က
	Death	Rate	16.44	17.60	9.25	7.89	9.29	9.16	10.33	11.02	8.59	8.52	8.99	10.14	8.39	9.86	8.60
of		Total	286	311	303	265	270	279	312	379	306	293	339	360	300	352	325
Number of Deaths		ய	165	160	182	162	153	172	183	239	186	153	199	212	171	209	198
Ž		Σ	120	151	121	103	117	107	129	140	120	140	140	148	129	143	127
	A tri	Rate	12.17	12.23	15.98	15.59	13.84	15.36	15.04	16.18	16.79	18.03	16.89	17.87	15.33	16.52	14.29
	nate	Total	8	13	14	10	13	17	12	20	16	23	18	56	23	16	16
SI	Illegitimate	ш	9	വ	10	7	വ	∞	Ŋ	တ	9	တ	∞	12	တ	7	10
f Birth		Σ	2	∞	4	∞	∞	တ	7	1	10	14	10	14	14	ည	9
Number of Births	ate	Total	203	203	230	234	226	261	281	285	312	358	344	364	322	361	314
Z	egitimate	Į.L.	102	93	128	112	93	136	131	130	135	189	170	171	148	168	144
		Σ	101	110	102	122	133	125	150	155	177	169	174	193	174	193	170
Fo <del>f</del> i-	mated	tion	17,340	17,670	18,010	18,460	19,160	20,080	20,840	21,300	22,070	23,020	23,360	23,800	24,320	24,640	24,940
	>	ם עם	1956	1957	1958	1959	1960	1961	1962	1963	1964	1965	1966	1967	1968	1969	1970

#### GENERAL PROVISION OF HEALTH SERVICES IN THE AREA

**Laboratory Facilities** 

The following Laboratories are utilised for the examination of specimens:

Public Health Laboratory, Brighton **Cuckfield Hospital Laboratory** 

Public Analyst's Laboratory at Lewes

I would like to express my thanks to the Directors of the above Laboratories for their assistance, particularly Dr. J. E. Jameson, of the Brighton Public Health Laboratory, for his helpful advice on many occasions.

#### **Ambulance Facilities**

Cases of infectious disease are removed by one of the East Sussex County Council's ambulances stationed at Haywards Heath or Burgess Hill Ambulance Station.

# **Hospital Accommodation for Infectious Diseases**

Beds are available at Foredown Hospital, Portslade, for observation and/ or treatment of cases of infectious disease.

A table on page 16 gives particulars of admissions during the year.

# **Smallpox**

The South-East Metropolitan Regional Hospital Board state that cases of smallpox occurring in this district should be sent to the River Hospitals (Long Reach), Dartford, Kent.

## CLINICS AND TREATMENT CENTRES

#### Child Health Clinics:

Haywards Heath	 E.S.C.C. Clinic	Infants 1st Friday 2-4 p.m.
	Oaklands	(Toddlers only 1st Friday 10)

Todalers only 1st Friday 10-12 noon and 4th Friday 2-4 p.m.) Haywards Heath

Dr. all sessions Ascension Hall 1st Thursday 2-4 p.m.

Dr. in attendance Sheppevs Haywards Heath

Bentswood Presentation Church Hall 1st Monday New England Road Dr. each session

Haywards Heath

Lindfield Congregational Hall Toddlers 1st Tuesday 9.30-12

noon (by appointment) 1st and 3rd Tuesday 2.30-4 p.m.

Dr. each session

Clinics:

Haywards Heath Chest Every Thursday 9.30 a.m. . . Hospital (by appointment)

Cuckfield Hospital Thursdays 2 p.m. Diagnostic

Orthopaedic ... B.R.C.S. Centre Orthopaedist: Paddockhall Road 2nd Tuesday 10.30 a.m.-1 p.m.

Physiotherapist: Havwards Heath

Tuesday 10.30 a.m.- 1 p.m. Friday 9.30 a.m.-1 p.m. 2-4.30 p.m.

Speech Therapy E.S.C.C. Clinic Tuesday 9.15 a.m.-12.15 p.m **Oaklands** (by appointment)

Haywards Heath

**Eve Refractions Every Friday morning** Haywards Heath (School Children) Hospital (by appointment) Minor Ailments

E.S.C.C. Clinic As required **Oaklands** 

Haywards Heath **Child Guidance** East Grinstead: **Every Thursday** 

> Moat Road (by appointment) Lewes: Every Wednesday Castlegate House (by appointment) Portslade: Tuesday morning

Old Shoreham Road Thursday (by appointment)

**Burgess Hill:** Every Friday E.S.C.C. Clinic (by appointment)

Mill Road

Dental E.S.C.C. Clinic By appointment

Oaklands Haywards Heath

**Relaxation Classes** E.S.C.C. Clinic Monday Everv and Thursday,

Oaklands 2.30 p.m. Haywards Heath

**Cancer Prevention** E.S.C.C. Clinic Tuesday evenings and Wednes-

**Oaklands** day mornings as necessary Havwards Heath (by appointment)

\*Family Planning E.S.C.C. Clinic Every Wednesday 2-4 p.m.

Oaklands Dr. each session Haywards Heath (by appointment)

\*These Clinics are provided by the Family Planning Association

Venereal Diseases ... Facilities available at Royal Sussex County Hospital, Brighton

Women .. Tuesday 4-7 p.m.

Thursday 10 a.m.-1 p.m.

Men Monday 4-7 p.m. . . Wednesday ... 10 a.m.-1 p.m.

Thursday 2-5 p.m.

. .

Men and

Women Friday 11 a.m.

Urgent cases only

(By appointment direct to V.D. Clinic)

New patients must attend 1 hour before clinic closes.

#### CASES OF INFECTIOUS DISEASE IN AGE GROUPS

Disease	Total	Under 1 year	1-4	5-9	10-14	15-24	Over 25
Typhoid Fever	1	_	_	_	_	_	1
Meningococcal Meningitis	1	1	_	_	_	_	_
Food Poisoning	6	_	_	1	_	1	4
Dysentery	3	-	_	_	_	_	3
Infective Jaundice	8	_	_	2	1	1	4
Scarlet Fever	3	_	1	2	_	_	_
Measles	22	1	18	1	-	2	_
Totals:	44	2	19	6	1	4	12

COMPARATIVE TUBERCULOSIS STATISTICS

Number on Register at end of Year   Respiratory   Non-Respiratory   Non-Respirator	34 85 1
Number on Register   Non-Respiratory   Respiratory   Res	51 34 85 1
Number on Register   Non-Respiratory   Respiratory   Res	51 34
Respiratory   Non-Respiratory   Non-Respirator	51 34
Non-Respiratory   Non-Respir	21
Respiratory   Non-Respiratory   Non-Respirator	
Respiratory	
Respiratory	
Respiratory	1
Respiratory	I
≥ 0-01111	I
≥ 0-01111	1
lal tal	1
Non-Respiratory  Non-Respiratory  1	和
8 -u	-
New Cases  New Cases	I
+   +   +   +   +   +   +   +   +	*2
Respiratory  1	-
Σ ωω4-ω-ωσσισια	-
Year 1948 1959 1960 1961 1964 1966 1966 1966	1970

\* Male aged 73 and female aged 20 † Female aged 43

# FOREDOWN HOSPITAL, PORTSLADE

Twenty-six cases were admitted to hospital from the Mid-Sussex area for observation and/or treatment in connection with known, or suspected, infectious diseases:—

Disease			Number of Admissions
Typhoid Fever		 	 1
Observation Typhoid Fever		 • •	 1
Food Poisoning		 	 9
Ulcerative Colitis		 	 1
Gastro-enteritis		 	 1
Observation Gastro-enteritis		 	 1
Observation Diarrhoea		 	 1
Mumps		 	 3
Infective Jaundice		 	 1
Observation Infective Jaundice		 	 1
Chickenpox		 	 2
Chickenpox and Plagiocaphaly		 	 1
Chickenpox and Encephalitis		 	 1
Erysipelas of Leg			 1
Pyrexia of Uncertain Origin		 	1
	••	 	 '
Total:		 	 26

# REPORT OF THE CHIEF PUBLIC HEALTH INSPECTOR

# SANITARY CIRCUMSTANCES OF THE AREA

Below is a list of visits made by your Public Health Inspectors during 1970:—

# **INSPECTIONS**

Housing Act (including im Public Health Act—Housin Public Health Act—Other Infectious Diseases Food Premises:—		ses	• •		1,037 516 237 10
Bakehouses				17	
Bakers' Shops				20	
Butchers				122	
Clubs			• •	5	
Confectioners		• •	• •	36	
Dairies, Milk Shops		• •	• •	25	
Fishmongers	• •	• •	• •	9	
Food Producers	• •	• •	• •	5	
Fried Fish Shops Greengrocers	• •	• •	• •	98	
Grocers, Gen. Stores	• •	• •	• •	154	
Ice-cream Premises		• •	• •	54	
Public Houses			• •	36	
Restaurant Kitchens				83	
Vans and Stalls				34	
				—	702
Food Poisoning and Dyse					115
Food Condemnations					43
*Factories Act					77
Shops Act			• •		42
†Prevention of Damage by			• •	• •	1,516
†Disinfections and Disinfes			<u> </u>	• •	449
Diseases of Animals (Was				• •	3
Pet Animals Act	••	• •	• •	• •	10
Animal Boarding Establish				• •	3
Class Air Ast				• •	67
Clean Air Act C.A.A. Atmospheric Pollut				• •	67
				••	93
Noise Abatement Act Offices, Shops and Railwa	 W Pro	nica	. · ·	• •	496
Cahaala	iy i ici	IIIISC		• •	17
Swimming Pools	• •		• •		82
Paddling Pools					36
Public Conveniences					9
Hairdressers					9
					5,639

<sup>\*</sup> There is an arrangement whereby the Building Inspector deals with the provision of sanitary accommodation at building sites and only in cases of difficulty does the Public Health Inspector intervene.

<sup>†</sup> These figures include visits by the Council's Rodent Operative.

#### COMPLAINTS

Nine hundred and sixty-three complaints were received and dealt with during 1970:

1070.						1970	1969
Rats and Mice						293	(253)
Insect Pests (V	Vasps	315,		), Flies	s 7,		, ,
Beetles 10, (	Other I	nsect	s 34)			375	(226)
Offensive Smel						40	(22)
Nuisance from	_					104	(81)
Smoke and Fur	nes					18	(13)
Food						26	(18)
Noise						20	(12)
Miscellaneous						87	(75)
						963	(700)

#### PRELIMINARY NOTICES

	Notices Out- standing	Notices Served during	Notices Complied with	Not Outsta at 31.1	ınding
	at 1.1.70	1970	during 1970	Served prior to 1970	Served during 1970
Food Hygiene Regs	17	15	15	8	9
Public Health Act	12	19	22	3	6
Housing Act	4	5	3 3	2	4
Factories Act	4	-	3	1	
Offices, Shops and					
Railway Premises Act	63	43	37	32	37
Totals	100	82	80	46	56

# **NOISE ABATEMENT ACT, 1960**

Of the twenty complaints of excessive noise received during the year, one was from industrial premises or equipment, twelve from commercial and seven from domestic premises.

All complaints were investigated and it was possible either to abate

the nuisances completely or reduce the noise to an acceptable level.

It is interesting to note that only one complaint concerned industrial premises, the remaining complaints ranged from road drills without mufflers, through contractors with noisy equipment to a noisy cockerel.

#### HOUSING

1.			ion of dwelling-houses during the year:—	
	(1)	(a)	Total number of dwelling-houses inspected under the	
	` ,		Public Health and Housing Acts	189
		(b)	Number of inspections made for the purpose	1,553
	(2)	(a)	Number of dwelling-houses (included under sub-head	
	` ′	` ′	(1) above) which were inspected and recorded under	
			the Housing Consolidated Regulations	88
		(b)	Number of inspections made for the purpose	92
	(3)	` ´	Number of dwelling-houses found to be in a state so	
	` ′		dangerous or injurious to health as to be unfit for	
			human habitation and represented under the Housing	
			Act	_

(4)		Number of dwelling-houses (exclusive of those referred to under the preceding sub-head) found not	
		to be in all respects reasonably fit for human habi-	
		tation	56
(5)		Houses—Number of demolition orders served	_
(6)		Houses—Number demolished after Formal Action	
` ′		under Housing Act, 1957	_
2. R	emedy	y of defects during the year without service of Formal I	Notice:—
		nber of defective dwelling-houses rendered fit in	
		sequence of informal action by the Local Authority or	
		r officers	44
3. N		r of new houses completed during the year 1970:—	
(1)		State aided:—	
( ' /		By Local Authority	Nil
		By Public Utility	Nil
(2)			157
(2)		Without State Aid	157

# **IMPROVEMENT GRANTS**

The Housing Act 1969 with its improved grant and the subsequent Government publicity concerning these resulted in the number of applications increasing from 21 in 1969 to 44 last year. Two applications were withdrawn and two refused. Those approved comprised 37 "discretionary" grants and 3 standard grants. (32 owner-occupied houses and 8 tenanted houses).

# **DISCRETIONARY GRANTS**

Year	No. of Grants Appro- ved	Owner Occu- pied	Tenan- ted	Estimated Cost of all Works	Estimated Cost of Approved Works	Total Maximum Grant Approved	Total Grant Paid
1970	37	29	8	£ 62,336	£ 45,164	£ 21,710	£ 8,541
since 1954	358	244	114	249,646	185,220	90,254	84,288

# STANDARD GRANTS

Year	No. of Grants Approved	Owner Occupied	Tenanted	Total Maximum Grant Approved	Actual Cost of Approved Works	Total Grant Paid
1970 since 1959	3 54	3 38	- 16	£ 465 4,546	£ 694 6,065	£ 261 3,686

# IMPROVEMENT GRANT SURVEY

Four possible areas were surveyed and have been kept under review. Of the 585 houses 475 now have all amenities and 108 lack some or all of them. These 108 houses comprise 48 owner/occupiers (25 by old people), 60 tenanted houses (28 by old people). There were two vacant houses.

NUMBER	OF	FOOD	<b>PREMISES</b>	IN	THE	DISTRICT
--------	----	------	-----------------	----	-----	----------

Bakehouses			 	3
Basement Bakehouse			 	1
Butchers			 	15
Grocers			 	37
Greengrocers			 	15
Confectioners			 	22
Fishmongers			 	4
Fried Fish Shops			 	3
Bakers			 	9
Confectioners' Kiosks			 	2
Canteens			 	20
Hotels and Restaurant	Kitche	ens	 	20
Public Houses			 	23

# REGISTERED PREMISES UNDER SECTION 16 FOOD AND DRUGS ACT 1955

Sale of Ice-Cream:-

Grocers		ember of remises 26 2	Number of Inspections 56 4
Confectioners Bakers	 	20 2	30 13
		50	103

Preparation of Food (by cooking):—

·		-	nber of emises	Number of Inspections
Grocers			 4	36
Bakehouses			 3	17
Fried Fish Sh	nops		 3	3
Fishmonger			 1	3
Butchers			 2	12
Bakers			 3	6
			16	77

Preparation of Sausages and/or Pickling Meat:-

ii Or Sausa	ges an	iu, 01 i	Nu	mber of emises	Number of Inspections
Butchers Grocers				13 3	32 36
				<del></del> 16	68

Registrations 1959:—	under	the	Milk	and	Dairie	s (G	General)	Regulations,
Dis	stributor	s						33

# FOOD HYGIENE

There were 26 complaints of moulds, foreign bodies, insects, etc., affecting food. All complaints were thoroughly investigated. There was one prosecution under Section 9 of the Food and Drugs Act, 1955—the total amount of Fines and Costs imposed was £35.25.

# FOOD HYGIENE (GENERAL REGULATIONS,) 1960

The number of premises grouped in accordance with the trade carried on, subject to control under the above Regulations, will be found under the heading of "Food Premises." All the premises are subject to and comply with Regulation 16 and all but two (kiosks) are subject to and comply with Regulation 19.

The following repairs, improvements, etc., to food premises were carried

out:—

Walls, floors and ceilings, etc.,	, cleai	nsed or	redec	orated		6
Protection of food from risk of	cont	aminati	on			2
Rubbish removed						1
Shelves and displays cleansed					. ,	1
Sinks provided						1
Extractor Fan provided						1

# THE LIQUID EGG (PASTEURISATION) REGULATIONS, 1963

There are no egg pasteurisation plants in the district and no samples of liquid egg were taken during the year.

# **CONDEMNED FOOD**

Condemned foods are disposed of by burying in the refuse tip and during the year there were 42 condemnations of food involving:—

Fresh meat ... ... 4cwt. Olbs. Fish (fresh) ... ... 63lbs. Canned meat ... ... 69lbs. Frozen food ... ... 3,292 packets Other canned food ... 4cwt. 75lbs.

The frozen food condemned was due to the failure of deep freeze cabinets in shops.

# MILK SAMPLNG

During the year 9 samples were submitted for biological test and all were free from tubercle bacilli and Brucella organisms. These milk samples were also screened for penicillin content and reported by the laboratory to be satisfactory.

#### **ICE-CREAM**

There are no premises registered for the manufacture of ice-cream in this district. Fifty-one premises are registered for the sale of wrapped ice-cream.

## ICE-CREAM SAMPLING

Forty-three samples of ice-cream were tested during the year, 8 were

Grade I; 28 were Grade II; 5 were Grade III and 2 Grade IV.

One thousand six hundred and eighty-eight samples of ice-cream have been taken since 1949 of which 1,131 were Grade I; 466 were Grade II; 78 Grade III and 13 Grade IV.

# CLEAN AIR ACTS, 1956 and 1968

The number of notices under Section 3 of the above Act of intention to install boilers was 2.

SECTION 10 (Chimney Heights)—

No. of plans subi	mitted	showi	ng chi	mneys				2
No. of proposed	chimn	ey hei	ghts in	crease	d follo	wing r	epre-	
sentations								nil

### Smoke

All but three complaints received in the office concerning smoke nuisances were in respect of bonfires lit by neighbours. The opportunity was taken to point out to offenders that whilst it is not an offence to light a bonfire this should not be a nuisance to the inhabitants of the area when it becomes a contravention of the Clean Air Acts. Two complaints referred to builders' refuse and a similar course was taken. The remaining one which was not substantiated at the time concerned the car breaker's vard.

# ATMOSPHERIC POLLUTION MEASUREMENT

At the site in Queens Road, Haywards Heath, an eight-port instrument continued the automatic sampling of the air to determine the levels of smoke and sulphur dioxide in the district. This forms part of a national survey

being carried out by the Department of Trade and Industry.

The population of the district is ever increasing and, since 1962 when atmospheric pollution records were first started, has increased by approximately 20%. The atmospheric pollution by smoke and sulphur dioxide, however, has again declined during the year and only in the month of May showed a slight increase on 1969.

Generally over the whole year the average monthly recordings have

decreased by:--

22% on 1969 Smoke 39% on 1962

Sulphur

24% on 1969 Dioxide 43% on 1962

Readings were not taken of pollution by motor vehicles but it is apparent to everyone that this has increased as, no doubt, it has in every town and, whilst no one has proved this to be prejudicial to health, there is no doubt this type of environmental pollution is a greater nuisance to the public at the present time.

# DISEASES OF ANIMALS (WASTE FOODS) ORDER, 1957

Of the four pig keepers in this area, three use swill—one collects from the public and two use the products of their own institutions only. All were inspected during the year and were found to boil such food. One person is licensed to operate plant and equipment for boiling waste food.

# SLAUGHTER OF POULTRY ACT, 1967

There are no poultry processing premises within the district.

# **FACTORIES**

# 1. Inspections for Purposes of Provisions as to Health

Premises	No. on	Number of				
Fremises	Register	Inspec- tions	Written Notices	Occupiers prosecuted		
(i) Factories in which sections 1, 2, 3, 4 and 6 are to be enforced by Local Authorities (ii) Factories not included in (1) in which section 7 is enforced by the Local Auth-	7	5	-	-		
ity (iii) Other premises in which Section 7 is enforced by the Local Authority (excluding out-workers' premises)	70	69 -	-	-		
Totals	77	74	-	-		

# 2. Cases in which Defects were found

	No. o	No. of cases in which defects were found					
Particulars	Found	Reme- died	Refe To H.M. Inspec- tor	By H.M. Inspector	which prosecu- tions were instituted		
Want of cleanliness (S.1)	_	1	_	_	_		
Overcrowding (S.2)	_	_	_	_	_		
Unreasonable temperature (S.3)	_	1	_	_	_		
Inadequate ventilation (S.4)	_	_	_	_	_		
Inadequate lighting (S.5)	-	1	_	_	_		
Ineffective drainage of floors							
(S.6)	_	-	_	_	_		
Sanitary conveniences (S.7)							
(a) Insufficient	-	_	_	_	_		
(b) Unsuitable or defective	_	2	_	_	_		
(c) Not separate for sexes	_	-	_	_	_		
Other offences against the Act							
(not including offences re-	1						
lating to Outwork)		1	_	-	_		
Totals	_	6	- 0	_	_		

# OUTWORK (Sections 133 and 134)

Nature of Work	No. of out-workers in August list required by Sect.	No. of cases of default in sending lists to the Council	No. of prosecutions for failure to supply lists	No. of instances of work in unwholesome premises	Notices served	Prosecu- tions
The making of false eyelashes	1	_	-	_	_	_

# OFFICES, SHOPS AND RAILWAY PREMISES ACT, 1963

Figures for submission to the Department of Employment, regarding work done under the above Act during 1970, have been prepared and are appended below—

# **INSPECTIONS**

Total No. of visits during 1970:—496

	Offices	Shops	Wholesale Shops and Ware- houses	Catering Estab's and Canteens	Fuel Storage Depots	Totals
No of premises on register No. of persons em-	109	198	7	26	1	341
ployed  No. of general inspections during	1,275	903	64	166	4	2,412
1970 Accidents reported	32 4	118 7	6 2	16 -	1 -	173 13

CONTRAVENTIONS FOUND AND REMEDIED DURING 1970

Fuel Storage Depots	Reme- died	1	1
Fuel S Del	Found		I
ring	Reme- died	1-111-1811 1111	4
Catering Establishments	Found		18
sesno	Reme- died	1	12
Warehouses	Found	-1-10111-11 1	10
sdo	Reme- died	10 10 14 14 14 14 14 14 14 14 14 14 14 14 14	49
Shops	Found	8 / 2 / 4 / 8 / 8 / 8 / 8 / 8 / 8 / 8 / 8 / 8	57
ses	Reme- died	0001010001 <del></del> 1 1011	22
Offices	Found	4 TO TO - TO - 1 TO	39
		: : : : : : : : : : : : : : : : : : :	:
		of young	:
SINCITIVENCO		Absence of abstract of the Act	Totals

#### DISINFESTATIONS

The public seek the assistance of the Health Department in dealing with infestations of all kinds and, where possible, this is given. Wasps are dealt with either by insecticidal liquid or powder and, when practicable, the nests are removed. The operator is allowed to use his discretion as to whether or not he can safely deal with wasps' nests and if there is obvious risk he may decline to do so. A charge is made to cover the cost of this work.

Number of infestations dealt with:-

		1968	1969	1970
Wasps	 	55	196	315
Flies	 	3	12	7
Ants	 	13	4	9
Beetles	 	2	3	10
Other insects	 	12	11	34
		85	226	375
		_		

# DESTRUCTION OF RATS AND MICE

	PREMISES								
Year	Complaints Rats and Mice	Surveyed	No. in Urban District	No. Infested with Rats	No. Infested with Mice				
1969	253	2,804	10,600	170	<b>7</b> 2				
1970	293	1,488	10,800	158	65				

There has again been an increase in the number of complaints, though the number of properties infested was found to be less.

#### RATS AND MICE-SEWERS

The annual test baiting of the Council's sewers was carried out in October. Twenty manholes were test baited, 9 manholes showed infestations and these were immediately treated.

#### PET ANIMALS ACT, 1951

Four shops are registered under the above Act for the sale of Pet animals and during the year 10 visits were made to them.

# ANIMAL BOARDING ESTABLISHMENTS ACT, 1963

There is one animal boarding establishment registered under the above Act and during the year the premises were inspected twice and found to be satisfactory and well managed. Following investigations, recommendations were made and there have been no complaints of barking dogs this year.







